

²⁵"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes? ²⁶Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷Who of you by worrying can add a single hour to his life?

³³But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Matthew 6:25-27, 33

Cast all your
anxiety on him
because he cares for
you.

1 Peter 5:7

⁶Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

¹⁹And my God will meet all your needs according to his glorious riches in Christ Jesus.

Philippians 4:6-7, 19

So do not fear, for I
am with you; do not
be dismayed, for I
am your God. I will
strengthen you and
help you; I will
uphold you with my
righteous right hand.

Isaiah 41:10

The LORD your God
is with you, he is
mighty to save. He
will take great
delight in you, he
will quiet you with
his love, he will
rejoice over you with
singing.

Zephaniah 3:17

Those who hope in
the LORD will renew
their strength. They
will soar on wings
like eagles; they will
run and not grow
weary, they will walk
and not be faint.

Isaiah 40:31

God is our refuge
and strength, an
ever-present help
in trouble.

Psalm 46:1

He (God) will cover
you with his
feathers, and under
his wings you will
find refuge; his
faithfulness will be
your shield and
rampart.

Psalm 91:4

God has said,
"Never will I
leave you; never
will I forsake
you."

Hebrews 13:5

³⁸Neither death nor life,
neither angels nor
demons, neither the
present nor the future,
nor any powers,
³⁹neither height nor
depth, nor anything else
in all creation, will be
able to separate us from
the love of God that is in
Christ Jesus our Lord.

Romans 8:38-39

Jesus said,
"And surely I am
with you always,
to the very end of
the age."

Matthew 28:20

The LORD is
good, a refuge in
times of trouble. He
cares for those who
trust in him.

Nahum 1:7

Jesus said, "Come
to me, all you who
are weary and
burdened, and I
will give you rest."

Matthew 11:28

Jesus said, “Peace I
leave with you; my
peace I give you. I do
not give to you as the
world gives. Do not let
your hearts be troubled
and do not be afraid.”

John 14:27

(God) is able to do
immeasurably more
than all we ask or
imagine.

Ephesians 3:20