

evil thoughts

stealing

adultery

meanness

indecentcy

insults

foolishness

vulgar deeds

murder

greed

deceit

envy

pride

"Out of your heart come evil thoughts, vulgar deeds, stealing, murder, adultery, greed, meanness, deceit, indecency, envy, insults, pride, and foolishness. All these come from your heart, and they are what make you unclean."

Mark 7:21-23

Heart Challenge 1
Read Mark 7:21-23

Heart Challenge 2
Jesus lists some of the wrong things that come out of our hearts.
Are there any that don't make sense to you?

Heart Challenge 3
Pick one which you know has come out of your own heart.